Ch-10 SAFETY AND FIRST AID

1. How will you put out a fire caused due to electrical faults?

Ans If the fire has started from electric points or wires, we should never throw water on it. It can cause electrocution. Instead, we should switch off the main power supply immediately. We can also throw sand to put out the fire.

**2. What is first aid?**

Ans The help given to an injured person before a doctor can see her/him is called first aid.

**3. What is a tourniquet?**

Ans A tourniquet is a piece of cloth that is wrapped tightly around the wound and tied to stop the flow of blood.

**4. What is a splint?**

Ans A splint is a piece of stiff material used to keep a fractured limb still and straight. You can make a splint from anything firm such as rolled-up newspapers or magazines, or a piece of cardboard.

**5. What is the most important first aid for a person suffering from heatstroke?**

**Ans** The most important first aid in case of a heatstroke is to keep the person’s body cool.

6. What should you do if someone’s clothes catch fire accidentally?

Ans If someone’s clothes catch fire,

1.Do not allow the person to run around in panic.

2.Instead, make the person roll on the ground till the fire is put out.

3. It is better to cover the person with a woollen blanket.

4. If clothes are stuck to the burnt skin, do not peel them away.

5. Cut the cloth around the burn to remove it if you can. In case of severe burns, take the patient to the hospital immediately.

7. What first aid would you provide to someone with a fracture?

Ans If someone has a fracture I will:

**i.** make sure the affected limb is in a natural position and is kept still.

**ii.** use a sling or splint to support the fractured limb.

8. A family member gets a burn on the hand while cooking. What will you do?

Ans If a family member gets a burn on the hand, I will do the following:

**i.** Keep the burnt area under cool water for at least 5 minutes.

**ii.** Do not prick the blisters.**1 4 5 6**

**iii.** Apply aloe vera gel or an antibiotic ointment over the burnt area. Cover the burn lightly with a gauze bandage.

 9. Why should you crawl out a smoke-filled room instead of walking straight?

Ans We should crawl out of a smoke-filled room so that we stay lower than the level of the rising smoke and do not inhale the smoke. Inhaling smoke can lead to suffocation and unconsciousness and we may not be able to exit the room safely.